

In truth for us, as the people we are, if we can look at how us doing or having something can contribute to making a change in the consciousness of the world, we allow ourselves to have it. But most of us have also been sold the point of view that we are selfish if we ask for anything for ourselves. So on one hand we want all sorts of things, and on the other hand we absolutely refuse to ask, and we absolutely refuse to receive. We have the point of view that we are selfish if we ask and we are arrogant and spoiled if we receive. What if “ask and you shall receive” were one of the truths in the Bible?

What if you could actually ask and know that whatever you ask for, if you truly desire it, you will receive it? And what if you receiving were a contribution to the entire Universe? Weird, eh?

**The Access Magazine:** *To hear you go from planning on ending your life and demanding that the universe show you a different possibility or you are out of here. What it brings to my awareness is how many people in the world are so miserable with their life, and their circumstances, and what's going on, and yearn so much for a greater possibility, and when they do ask for it; that things can transform so miraculously. It sounds like Access is an invitation for everyone to have that for themselves.*

**Dr. Dain Heer:** Absolutely, that is very well put. That is exactly what Access is. It's an invitation for everyone to have the life that they always knew was possible and yet chose not to create, or didn't believe that they could create. Most people, as kids, had the point of view that they could create anything. The thing is, there is a difference between the dream that you can create anything and the awareness that you can create anything. Most people function from the dream—not the awareness. I have relatives who are very fond of saying; “oh, well one day when we make tons of money, we'll own a mansion.” But if you listen to them, they don't really have the point of view that they could ever make tons of money or own a mansion. They are taking no steps towards achieving it, and they don't have the tools to achieve it. That is where Access is so different. It's the tools to actually create something different.

What I do when I talk with individuals or groups of people is, I will put out a leading question that is based on possibility and I can tell energetically who lets that question into their universe and who extrapolates. In other words, who takes it from that question and sees what the possibilities are. And I can tell the people who just reject it outright and shut down instantaneously. I'll ask a question like; “what if you knew you could change anything in your life?” for example. About 5% of the people go; “yeah, yeah, yeah, yeah! How do we do it? What would that look like? What's it going to take? What do I do? And what do you need from me? And, what do I need from me? Who's going to make it happen?” And 95% of the people go; “UUUUuuuh,” total blank stare. They have already shut themselves off to the possibilities. It's that request and that willingness to receive that creates the possibilities that anything can show up.

Before Access, another reason I wanted to end my life is that I had tried every technique known to man. Everything with a three letter acronym, I'd tried them all. And I thought each of them had merit and had value. However, they don't have the cohesive set of tools that Access has. Unfortunately, everything I tried didn't work for much longer than a few days. I felt great for a few days. So when I say; “what if you knew you could change anything in your life?” Or I ask; “what if you could create anything in your life?” I put that out there as a leading question to invite those people out there who say; “yeah, how do I do it?” Because if you hear that question and it stirs nothing in you, you might as well die, you're already dead. You are not creating your life any more.

**The Access Magazine:** *It kind of sounds like when you are a kid*

*and you don't really know what's possible or what's around the corner but you have that excitement and enthusiasm to find out what else can you do, what else is possible?*

**Dr. Dain Heer:** Exactly. I call myself a thirty-seven year old going on six. I used to have this child-like excitement about everything and I was always made wrong for it by everyone around me. Part of Access is literally about being child-like in that you have that exuberance about life. That you don't know what is going to be around the corner, but boy is it going to be a great adventure. And if we get there, and how we get there, and what it looks like when we get there, is going to be an adventure. That is really a huge part of what it is to do Access and to function from a place of consciousness. Having your life be the adventure of not having to know what is around the corner, and acknowledging that you already know everything you need to know to take the next step. Whatever that is for you. That is another thing about Access, what ever the next step is, is whatever the next step is for YOU. Access doesn't have an answer. It is not; “it should look this way, and it should feel this way, and it should be this way.” It's; “hey, how is it for you?”

**The Access Magazine:** *That is different.*

**Dr. Dain Heer:** Isn't it though? Hugely different. Access is literally about asking questions, not having answers. And being continually willing to receive the other possibilities that are available for you and the universe, that you don't normally consider are possibilities.

**The Access Magazine:** *What else would you like to share about what it has been like to be involved in Access?*

**Dr. Dain Heer:** It has been the greatest gift of my life on many levels. One of which being that every area of my life; from my body, from the level of receiving, from the level of joy I'll allow myself to have, from the money, sex, relationships that I have in my life. The fact that instead of seeing myself as less than and inferior in most situations, I'm willing to be present with anyone. From billionaires to people who have no money, from presidents of large corporations to housewives; I'm comfortable being myself with everyone.

Also the change I am fortunate enough to see in people's lives. Using these tools and seeing what people would call miracles occur has been one of the greatest gifts of my life. I will see “miracles” occur on a daily or weekly basis – I just call it Access.

Today I worked with a young lady who has this light sensitivity, that her entire family has. She's very brilliant and very shy. She's very pretty and doesn't want to know it. She came in with slumped shoulders, glasses on, being extremely unhappy and very uncomfortable in my presence, or anyone else's. She left having a sense of herself, having more ease with her body and she actually smiled. Now that would be a miracle in some people's book. For me it's just Access.

I worked with another lady who had migraines for twenty years, and she got them five times a week. She was in the middle of one when she came to see me and within an hour she was over her migraine, totally. Unheard of. It's been three months now, and she hasn't had another one.

That doesn't necessarily happen with everyone, but some people call it a miracle. I call it using the tools that are available to create a result from awareness, based on awareness of the energies that a person is functioning from, and what they are willing, or not willing to receive, or be. A miracle really is just consciousness in action.

**The Access Magazine:** *Using the tools of Access people are able to access what before was not a possibility and it becomes possible, with whatever that is they are looking for?*

**Dr. Dain Heer:** Yes. Whatever it is they are looking for. That is the beauty of it...that it is up to them. Our point of view is not that they  
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