

The Access Magazine: *What did it do for you personally, to go from desiring to end your life to “Whoa! This person is acknowledging me and not only that, I have all these other things I can do.” I’d like to hear about that from you.*

Dr. Dain Heer: That was an amazing moment. It was the first time that anyone had ever acknowledged that I had value. Or shall I say, it was the first time I was ever willing to receive it. I realized that one part of wanting to end my life was the point of view that I had no value. I had all of these things that I thought were valuable to me that nobody else could even see. I thought; “I guess what I see and know just has no value; I must be wrong. I might as well leave.” In being acknowledged and being willing to receive it, what it did was open up a whole other area for me; which was an awareness of bodies and how to work with the energetics of bodies to create a change in the body. And it was the first time I had ever had an experience of knowing that I was actually a part of what was occurring. That I was contributing something that was valuable to both me and him and it was from me, not from what anyone had ever told me about how to be, or how to do it. In all of the techniques I had done, I kept trying to master the technique, but there wasn’t much of me in it. It was always about trying to follow the technique and be perfect at what someone else says is the right way to do it. There wasn’t ever a moment to take a breath and follow my own knowing, it was always “how do I get the technique right?” This was ‘simple’ beingness creating a change.

The Access Magazine: *All the modalities that give you the answer of how to do it. Like you said, where are you in the computation of that?*

Dr. Dain Heer: Exactly. I wasn’t. What is interesting about that is, you have all these techniques that are basically designed to give you the answer and here is a man (Access founder Gary Douglas) who has created a “technique,” if you can call it that, and he changed my whole life by asking me to live in the question, and not to take any of his answers or anybody else’s.

The Access Magazine: *He was asking you to truly know what you know and be who you are?*

Dr. Dain Heer: Yeah, weird huh?

The Access Magazine: *Very, that is different than anything else I have ever heard of.*

Dr. Dain Heer: Isn’t it though? Most techniques and most teachings say, they have the right answer. Unfortunately, even if they talk to you about living in the question, or suggest being in the question, or say to be aware of other possibilities; they still want you to have their answer. When it’s all said and done, they want you to come up with their conclusion because that is what they have decided is the right conclusion, the right solution, the right answer.

The Access Magazine: *Come to the same answer that they have come to, with whatever question you are asking.*

Dr. Dain Heer: Yeah, exactly. Come to the same answer, but come to it your own way my child.

The Access Magazine: *And if you don’t come to it the same way we do, you’re wrong.*

Dr. Dain Heer: You’re wrong and you might as well go away, Bye-bye. Thank you for playing. You’re unsuccessful again. Bye-bye.

The Access Magazine: *What did that open up for you and Gary, because obviously you work together and are very involved in each others lives. Where did it go from that first meeting?*

Dr. Dain Heer: Shortly after that session Gary was having a level



Photo by: Michael Berz

two and three in the area and I asked him if I could make arrangements to be there, and he said yes. He said; “why don’t you bring your table, you might do some of this work you do on people, because you have literally saved my life.” I went; “what?” He said to me; “I was dying when I came in here, I know now that I am going to live. Thank you for that gift. Please bring your table to the class and we’ll see if other people desire the work that you do.” I said yes to his invitation. I brought my table to this class and I worked on more people in four days than I had worked on in a six-month period before that. And I saw so much change occur with this “no technique” technique; just following the energy like Gary had gotten me to do in his session. I was blown away and I was forever changed because I could never go back and do Network Chiropractic again; I couldn’t fit into somebody else’s box. Network is a great, amazing, awesome, wonderful technique and I was still trying to do it somebody else’s way. Therefore, there was some answer and some box involved in it and I couldn’t do it. It was killing me—literally. Trying to live by other people’s answers of what is the right way to live and do things and be wasn’t working for me.

I also had more awareness’s in that four day period than in all thirty years before that. As we were leaving, after the last day of level three I remember asking a question, I remember asking; “what would it take to go to every one of these level two and threes, because these classes are amazing!?”

There was another five day event that was happening about a month later and I asked Gary if I could make arrangements to go to that, even though I had no way in the world that I was going to be able to do it. But I asked and I made the demand that I go. Well, I went-- and it changed every point of view I had. In asking the question of “what would it take for me to go to every one of these classes?” That is exactly what showed up.

About a month after that, Gary asked me to work with Access. I had forgotten at that point that I had made the demand and request to attend all the classes. It was just a momentary request and demand of the universe. What I wanted to do was to contribute whatever I could to get this amazing stuff called Access into people’s hands, and share it with people, and make it as dynamically “access”ible as possible. That was all embodied in “what would it take for me to go to every one of these classes?” It wasn’t; “wow, what can I get from going to these classes, or “What can I take from these people?” It was; “what can I share with the world by going to these classes?” I think that is a real vital point for people to get, because people often only look at, “what can I get out of this?” But in order for us to create a different world, we have to start functioning differently--like JFK said: “ask not what your country can do for you, ask what you can do for your country.” If I had asked the question I asked from the place of “what do I get out of this?” it never would have occurred for me, and I would not be here having this interview with you right now. It wouldn’t have matched the energy of what Access and Gary required.